

# The Himalayan Adventure Company & Responsible Travel

Adventure tourism continues to grow worldwide and with that, so does the accompanying pressures and impacts on local environments and communities in the places we visit. We have seen at first hand the effect tourism has on local communities – both good and bad. Being responsible and protecting the environment does not mean a compromise in quality or standards of travel, if anything it requires just a little more thought and care and there are many admirable examples of how tourism can benefit and sustain the environment and indigenous peoples.

Through our approaches and activities we aim to play an active role in the effort to minimize the negative impact of tourism and to raise awareness of responsible approaches to tourism, with our own staff, local counterparts, travellers and local people. We aim to provide environmentally friendly trekking and adventures, including arranging clean up treks, for example to Everest Base Camp and ensuring our own treks are environmentally friendly and our staff and clients aware of the importance of responsible travel. We support Tourism Concern and the International Porter Protection Group. We believe that local communities should benefit from tourism. We encourage travellers to learn about the places they will visit and to show respect and consideration for local cultures, traditions and landscapes. When you make a booking with us we provide Responsible Travel Guidelines and this is also a key part of our pre-trip briefings held in Kathmandu. For further information visit Tourism Concern at [www.tourismconcern.org.uk](http://www.tourismconcern.org.uk) and The International Porter's Protection Group at [www.ippg.net](http://www.ippg.net)



We currently have information on a number of projects with local charities in Nepal, where your help would be greatly appreciated, from working with young street children, to visiting a local school, helping to construct an orphanage, working with local villagers to improve facilities or helping protect and manage Nepal's environment. Please contact us for more details.

## Local Development

We strongly believe that travel and tourism should benefit local communities and can be a powerful support and catalyst for change. The Himalayan Adventure Company supports local development in Nepal in a number of ways with both management and staff involved in voluntary and other development work. We employ local people and work with local businesses. We pay fair and good wages and ensure that all our guides, porters and other staff have appropriate facilities and equipment. Their welfare is important to us and we work as a team.

We donate a percentage of profits to specific charities and work with local communities and businesses. So the money you pay for a memorable travel experience benefits local communities. For every booking made we also donate £10 to The Sahara Group in Nepal, to help continue their valuable work with the most vulnerable in society. We dedicate this to the memory of our wonderful and much loved friends and fellow travellers Barbara McTaggart and Craig

## Volunteer for Change

Are you interested in spending some time during your trip to help out on a local development or conservation project in Nepal? Whether you'd like to give your time and skills for a few hours, a few days, weeks or longer you really can make a difference.

Stanley, who sadly died in the Asian Tsunami of 2004 and who we will always miss.

We are particularly proud to support The Sahara Group and their valuable aims and activities. The Sahara Group work with underprivileged communities, including providing support and training for street children and orphans, children and adults infected with HIV/AIDS, girls and women affected by human trafficking, the destitute elderly and poor rural communities. For more information, to offer support or to volunteer to help on a project please visit their website at [www.saharagroup.org.np](http://www.saharagroup.org.np) or contact our office for more information. We are committed to continuing and increasing our support of Sahara and of local development generally.