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Himalaya

'TAPAI LAI HARDIK SWAGAT CHA' - WELCOME FROM OUR HEART TO THE MAJESTIC HIMALAYA *Yakety Yak*

Namaste! Welcome to the autumn issue of Himalaya Yakety Yak, our quarterly e-newsletter. As we come to the end of the summer and start of the new trekking season we're all looking forward to the coming months with lots of great treks, expeditions & other adventures ahead of us. We've got some great ideas & suggestions if you're looking for an autumn getaway or planning ahead for the Christmas & New Year period as well as some great offers to tempt you!

Adventure redefined

What do you think of when you hear the name 'Himalaya'. For many people the name suggests a place of high adventure, soaring peaks, stunning scenery and daring expeditions. And that's very true of course. But one of the very many attractions of the Himalaya is the sheer diversity of landscape, cultures and activities. Adventure can mean many things so if your idea of an adventure is setting off on a trek through stunning natural scenery, or relaxed sight-seeing on a luxury cultural tour, perhaps exploring the jungle to spot rare species on elephant back, enjoying fine wine & dining, relaxing at a luxury beauty spa, or simply sitting by the lakeside and enjoying an evening drink while the sun sinks over

the Himalayan peaks, there's a Himalayan adventure just waiting for you. We don't rigidly define 'adventure travel', we'd rather listen to what you want from your adventure & we're always happy to share ideas and suggestions if you're finding it difficult to decide! From some of the world's finest treks, to luxury cultural tours, family holidays, relaxing spa and golf breaks, jungle safaris, honeymoons & special occasions, mountain biking, rafting, paragliding, climbing and much more, take a look through our website and brochure to see some of the many adventures we offer as well as our complete tailor made service. As Helen Keller once said 'Life is either a great adventure or nothing' - we agree!



AUTUMN GIVEAWAYS

Book any of our escorted trek or tour itineraries for Nepal for travel before 31 December 2009 & choose 1 of 3 great giveaways to add to your experience of this beautiful region. Save £100 per person on any listed trip booking (excluding international flights) OR enjoy the adrenaline rush of a day white water rafting on the Trishuli River OR enjoy a complimentary luxury 16 course traditional style Nepali banquet dinner at one of Kathmandu's finest restaurants including private taxi transfers from and to your hotel. Offer available on all new Nepal bookings confirmed before 07 September 2009 for travel before 31 December 2009. This offer cannot be used with other offers and does not apply to tailor made itineraries.



Autumn Favourites!

We hope you're looking forward to autumn as much as we are! As well as new and exciting options there are some classic Himalayan adventures that never fail to delight. Take a look at some of our favourites below. If you're looking for more inspiration visit our website at www.greathimal.com or call us on 0845 0940273 .

EVEREST PANORAMA TREK PLUS MOUNTAIN FLIGHT - 11 days

£1295pp excluding international flights

Enjoy relaxed and easy to moderate trekking in the foothills of the Everest region. This is a great introduction to both trekking and Nepal and the best itinerary for views of Everest. Enjoy beautiful peak and landscape views as you trek past traditional Sherpa villages & through beautiful countryside. After your trek the views of Everest continue on an early morning mountain flight, a relaxing way to get up close and personal to the world's highest peak. To view the full itinerary visit http://www.thehimalayanadventurecompany.com/nepal/everest_pan.pdf

EASY AS ABC—ANNAPURNA SANCTUARY & BASE CAMP TREK 16 DAYS £1395pp

excluding international flights



Explore the heart of the stunning Annapurna Sanctuary region as you trek along beautiful treks to reach Annapurna Base Camp (ABC). Starting from the lakeside town of Pokhara with it's stunning views of Lake Phewa against the backdrop of the Annapurnas and Fishtail Mountain (pictured left), the trail leads you through pretty villages and beautiful landscapes. Watch the sunrise on over 30 snow capped peaks from the summit of Poon Hill & enjoy striking views of Dhaulagiri & the Kali Gandaki as well as a close encounter with Annapurna I. To view the full itinerary visit http://www.thehimalayanadventurecompany.com/nepal/annapurna_explore.pdf

We take great pride in providing a high quality of personal service to make your trip really special. But don't just take our word for it. Take a look at some of the [testimonials](#) from recent travellers to see what they say.

Not sure what to expect? Call us to talk through any questions or take a look at the [video clips](#) on our website to see why we love the Himalaya.

SNOW LEOPARD TRACKING— 22 days £2695pp

excluding international flights

Enjoy a wild & remote trek to the lost valleys of Naar and Phu close to Tibet and only open to foreigners since 2002. This beautiful remote region is home to the elusive Snow Leopard and Blue Sheep. Enjoy magnificent views of the Annapurnas on this trek combining the challenge of high peaks & passes, glaciers, narrow canyons, high alpine valleys, rich forests, awesome rock formations, remote trails, ancient villages & unique local culture. Not one of the usual routes but well worth the effort. To view the full itinerary visit http://www.thehimalayanadventurecompany.com/nepal/naar_phu.pdf

Extra Special. If you want to add a few extra days to your main itinerary we also offer a wide range of short extensions from 3 night breaks to visit Delhi and the Taj Mahal, to short jungle safaris, white water rafting, luxury spa breaks, private charter helicopter flights, microlighting, paragliding & lots more as well as a complete tailor made service. In the UK, we can also help with airport hotels including free parking and airport executive lounge access to start your holiday in the best way. Contact us for more details.

Visit www.greathimal.com, email info@greathimal.com or call 0845 094 0273

News bites

We hope you enjoy the roundup of the latest news. Got any questions or want more information? Give us a call on 0845 094 0273 or email info@greathimal.com and we'll be happy to help .

DIRECT FLIGHTS AMSTERDAM TO KATHMANDU

Arke Fly, a Netherlands based airline is planning to launch direct flights from Amsterdam to Kathmandu from October 2009. Previously Transavia and Martin Air used to fly from the Dutch capital to Kathmandu. This is great news that has been welcomed by the tourism industry and Nepali Government and offers travellers more choice for reaching Nepal. Initial plans are for one flight per week which may be increased depending on demand. Other airlines flying from the UK to Kathmandu (1 change en route) include Qatar Airways, Gulf Air, Etihad, Thai Airways, and Jet Airways

RECOMMENDED BY ROUGH GUIDES

We are delighted to be specially recommended in Rough Guides' new book - Clean Breaks: 500 New Ways to See the World - due to be published in August 2009. Rough Guides is one of the most successful and respected travel brands in the world, with over 300 travel guides in print and with a great reputation for good writing, accuracy and honesty. In writing this book, the authors have highlighted 500 fantastic places across the globe which will inspire people to see the world in a new light, selecting unusual holidays and alternative ways to travel which make a real difference to the lives of local people and the planet. Only a few companies qualify for a special recommendation of this kind, and The Himalayan Adventure Company is highlighted as one of the authors' favourites - something we are very proud of! And the nice people at Rough Guides have gone one better - everyone who travels with us is eligible for a great 20% discount OFF the price of the book, RRP £18.99 just email us for a special code which you can use at checkout on the rough guides website - www.roughguides.com to get your discount. And of course for any great adventures in the wonderful Himalaya, contact us and we'll be happy to help with your plans.



Changes to India & Nepal visa applications

The procedure for applying for a visa for India has changed.

The service is now managed by VF Services (UK) Ltd rather than the India High Commission as previously. The application process is now based on-line and more details can be found at

<http://in.vfsglobal.co.uk/index.aspx>. Please

remember you must have your India visa before arrival to India and no visas are issued on arrival. Visa fees for Nepal have also changed and all visas are now multiple entry and can be obtained from the Nepalese Embassy in London or on arrival at Kathmandu airport. !

NEPAL TOURISM YEAR 2011

For those of you who like to plan ahead, 2011 is set to be a big year for Nepal. The Government has recently announced a new national tourism campaign leading to 2011 which has been declared as Nepal Tourism Year. Plans include the introduction of new and exciting adventure activities, improved tourism infrastructure and special sports and cultural events including one major event per month in 2011. Nepal is already an exciting and wonderful place to visit and it's great news for the future of tourism in Nepal.

TIBET REOPEN FOR TRAVEL

We are happy to report that travel to Tibet has now resumed and is continuing as normal. This is a wonderful land of stark beauty, wide open vistas and rich Tibetan culture. Travel here is really an adventure with little luxury but well worth the considerable effort. If you'd like to visit Tibet this autumn contact us and we'll be happy to help. The best and main travel time to visit Tibet is from April to the end of October so there's still time for a visit this year if you're

DELHI AIRPORT—NEW MANDATORY AIRPORT DEVELOPMENT FEE (ADF)

From 01 March 2009 for the next 3 years a mandatory Airport Development Fee (ADF) will be levied on all domestic and international flights by the Delhi International Airport Limited (DIAL). The charge will be INR200 (approx £2.74) for each domestic passenger departing from Delhi and INR1300 (approx £17.80) for each international passenger (including Kathmandu and Paro departures). All visitors to India from 01 March 2009 will be required to pay these new mandatory charges direct to the airport authorities directly at the time of departure

FLIGHTS TO DELHI & KATHMANDU

There are still some good fares available from the UK to Kathmandu or Delhi for travel this year. From £200 economy return to Delhi and from £450 return to Kathmandu, subject to change and availability. Book in advance for the best and lowest fares.